

**INDIVIDUAL DEVELOPMENT
AND SOCIAL EXPERIENCE:**

Sonja Hunt & Jennifer Hilton.
London: George Allen & Unwin
Ltd. 1975.

REVIEWED BY

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Hunt and Hilton have produced a useful and competent **introductory** book to the psychological development of Man with appropriate emphasis on "normal" development.

They have used what could best be described as an eclectic approach. Perhaps this approach serves as the books main limitation. Because of the extremely broad coverage attempted, the rate at which information is presented is high, and it is superficial.

WELL BALANCED

Within these limitations, it does contain a well balanced mixture of the psychological and sociological needs of man throughout his life cycle, and covers all of the traditional areas equally.

AIM

The aim of the authors to avoid compartmentalization of topics and the use of jargon, is successfully achieved and so the book is highly readable and communicative.

The meaningful integration of the Development of Psychology and the Social Psychology concepts, included with the every-day examples used in this book would be most helpful reading for all those beginning their professional lives in the "helping professions".

In sum, a useful introductory reference for those people who have as their focus of professional endeavor, human behaviour.

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